

Total Body Systems Assessment

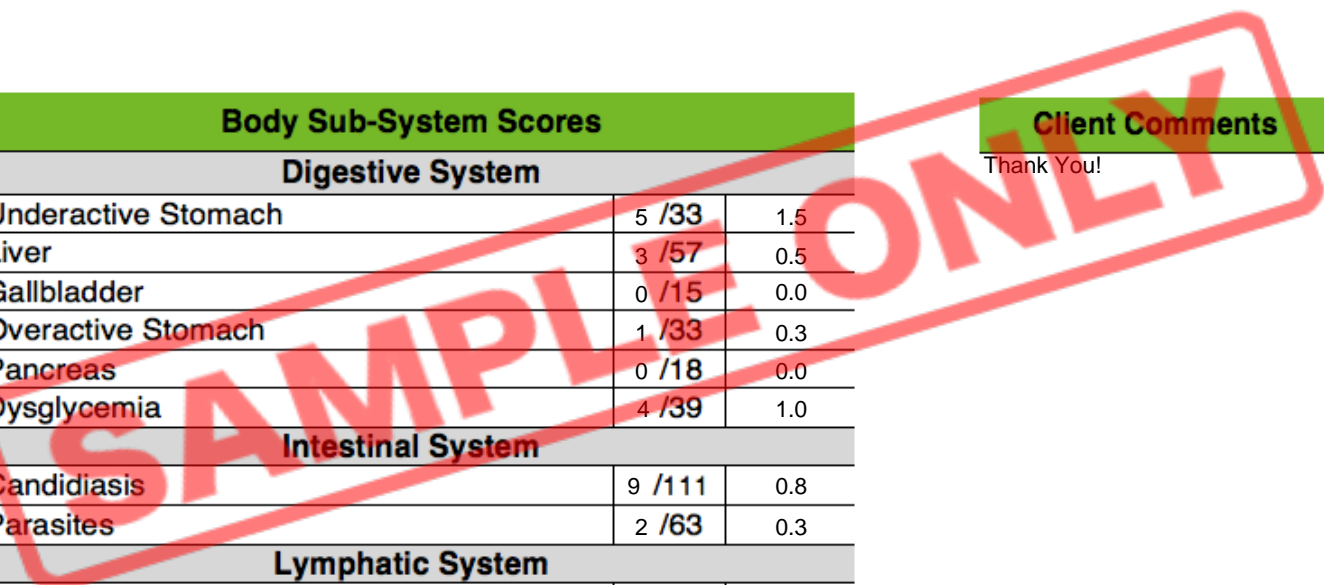


Name	Email	Date
Sean Seale		2017-11-10

Main Body Systems	Score	(0-10)	Notes
Digestive System	9 /69	1.3	
Intestinal System	7 /60	1.2	
Circulatory/Cardiovascular System	4 /60	0.7	
Nervous System	6 /60	1.0	
Immune/Lymphatic System	6 /60	1.0	
Respiratory System	5 /60	0.8	
Urinary System	5 /60	0.8	
Glandular/Endocrine System	2 /63	0.3	
Structural System	5 /60	0.8	
Reproductive System	4 /66	0.6	

Body Sub-System Scores	Client Comments	
Digestive System		
Underactive Stomach	5 /33	1.5
Liver	3 /57	0.5
Gallbladder	0 /15	0.0
Overactive Stomach	1 /33	0.3
Pancreas	0 /18	0.0
Dysglycemia	4 /39	1.0
Intestinal System		
Candidiasis	9 /111	0.8
Parasites	2 /63	0.3
Lymphatic System		
Thymus (Immunity)	2 /33	0.6
Allergies	6 /84	0.7
Glandular/Endocrine System		
Under active Thyroid/Hypothyroid	2 /45	0.4
Pituitary	1 /30	0.3
Overactive Thyroid/Hypothyroid	2 /33	0.6
Adrenals	0 /36	0.0
Muscular/Skeletal System		
Skeletal	3 /66	0.5
Muscular	0 /12	0.0
Neuromuscular	1 /42	0.2

Thank You!



Digestive System

Underactive Stomach

Excessive gas/burping after meals 1
Stomach bloated after eating 1
Sleepy after eating 0
Longitudinal striations on fingernails 0
Eat when rushed/in a hurry 2
Bad breath 0
Feel full after heavy meat meal 1
Heavy, tired feeling after eating 0
Nausea after taking supplements 0
Acne 0
Undigested food in the stool 0

Liver

Yellow or pale fingernails 0
Skin oily on nose and forehead 0
Fats/greasy foods cause nausea/headaches 1
Vertical white streaks on fingernails 0
Onions, cabbage, radish, cucumbers cause bloating/gas 1
Bad breath, bad taste in the mouth 0
Excess body odor 0
High cholesterol diet/High cholesterol 0
Migraine headaches 0
Discomfort underneath right rib cage 1
Food allergies 0
Irritable, easily angered 0
Weight gain around abdomen 0
Yellow palms 0
Jaundice 0
Poor concentration 0
Difficulty losing weight 0
Acne, boils, rashes, psoriasis, eczema 0
Constipation 0

Gallbladder

Gall stones; history of gall stones 0
Stool appears clay-colored, foul odor and Constipation 0
High cholesterol diet/High cholesterol 0
Sever pain in right upper abdomen 0

Overactive Stomach

Stomach pain 1 hour after eating or at night 0
Burning sensation in stomach 0
Pain aggravated by worry/tension 0
Haitial hernia 0
Gastritis, gastric ulcer 0
Nausea, vomiting 0
Sensation of acidity in abdominal area 0
Heartburn/Indigestion 0
Blood in stool 0
Lower back pain 1
Long term aspirin use 0

Pancreas

Severe abdominal pain 0
Nausea and vomiting 0
Feel full for hours after eating 0
Fever 0
Alcohol addiction 0
Jaundice 0

Dysglycemia

Hungry up to 3 hours after eating 0
Sudden cravings for sweets, starch, coffee or alcohol 2
Nervous/anxious feelings relieved by eating 0
Irritable if meals are skipped/late 0
Overweight 0
Addicted to coffee with sugar/ and or colas 0
Frequent "midnight snacks" 0
Family history of diabetes 0
Fatigue 1
Frequent headaches 0
Fainting spells 0
Depression 0
Lose temper easily 1

Intestinal System

Candidiasis

Extreme fatigue 1
Recurrent vaginal infections 0
Frequent use of antibiotics 0
White coated tongue, oral thrush 0
Crave sugars, bread, alcohol 2
Headaches 0
Tonsillitis, recurrent strep throat 0
Itchy, watery or dry eyes 0
Skin flushes 0
Chronic indigestion, uses antacids 0
Always cold, especially in extremities 0
F: PMS 0
Pain in pelvis area 0
Abdominal gas and bloating 1
Loss of sex drive 0
Cystitis, repeated bladder infection 0
Increasing food and chemical sensitivities 1
F: endometriosis/ovary problems 0
Diarrhea 1
Hives/psoriasis, acne, skin rashes 0
Abnormal muscle aches from exercise 0
Excessive wax in ears 0
Unexplained weight gain 0
M: impotence 0
Canker sores 0
Athlete's foot, finger toenail fungus, ringworm, jock itch 0
Brain fog 1
Irritability 0
Memory loss 0
Mental confusion 0
Depression or anger for no reason 1
Anxiety/panic attacks 0
Inability to concentrate 0
Phobic/compulsive 0
Lethargy 0
Mood swings 1
Itchy ears, nose, anus 0

Parasites

Forgetfulness 0
Slow reflexes 0
Gas and bloating 1
Unclear thinking 0
Loss of appetite 0
Yellowish or pale face 0
Fast heartbeat 0
Heart pain 0
Pain in navel 0
Eating more than normal but still feel hungry 0
Blurry or unclear vision 0
Pain in the back, thighs, shoulders 0
Numb hands 0
Drooling while sleeping 0
Damp lips at night 0
Dry lips during the day 0
Grind teeth while asleep 0
Bed wetting 0
Lethargy 0
Dark circles under eyes 1
Cancer 0

Lymphatic System

Thymus (Immunity)

Excessive sleep 0
Very susceptible to infections 0
Swollen glands; tonsils, throat, armpits 0
History of cancer, MS, Parkinson's, arthritis 2
Loss of appetite 0
Headaches 0
Soreness on both side of neck at shoulders 0
Feel puffiness in throat 0
Look older than chronological age 0
Flu-like symptoms often occurs 0
Lupus 0

Allergies

Acne, psoriasis, dermatitis, eczema 0
Rapid pulse, heart irregularities 0
Frequent headaches 0
Hay fever 0
Frequent cravings for certain foods 2
Periods of blurred vision 0
Repeated ear trouble 0
Hyperactivity 0
Dizzy spells 0
Periods of confusion 0
Poor concentration 0
Epilepsy 0
Muscle cramps or spasms 0
Abnormal body odor 0
Excessive sweating, night sweats 0
Bowel disease: IBS, IBD, Crohn's 0
Joint pains or stiffness 0
Frequent night urination 0
Wheezing 0
Pale face 0
Hives 0
Nose runs constantly 1
Noticeable changes in writing throughout day 0
Nosebleeds 0
Bloating or gas 1
Canker sores 0
Dark circles under eyes 1
Sinusitis 1

SAMPLE ONLY

Glandular/Endocrine System

Under active Thyroid/Hypothyroid

Distinct, lethargic tiredness or sluggishness 0
Cold hands or feet 0
Mercury fillings 0
Gain weight easily, fail to lose on diets 0
Constipation 0
Low energy in the morning 0
Low pulse rate 0
Low body temperature, especially resting in bed 0
Hair dry, brittle, dull 0
Flaky, dry rough skin 0
Feel stiff after sitting still for some time 1
Mood swings 1
Usually square and wide nails 0
High cholesterol 0
Diminished sex drive 0

Pituitary

Headaches affecting one side of head 0
F: loss of menstrual function 0
Moody 1
Overweight from waist down 0
Overweight from waist up 0
Excessive urination 0
Pain in little finger of left hand 0
Swelling in ankles, fingers, feet, or under 0
Cold hands or feet 0
Pain in left side of upper neck 0

Overactive Thyroid/Hyperthyroid

Losing weight without trying 0
Heart races while at rest 0
Feel warm/flushed at room temperature 0
Hands shake or tremble 0
Protruding tongue 0
Heart palpitations 0
Nervous behavior, hyperactivity 0
Insomnia 0
Increased appetite 1
Frequent bowel movements, diarrhea 1
Excessive sweating without exercising 0

Adrenals

Stress or emotional upsets cause exhaustion 0
Blood pressure decreases when going from a lying position to a standing position 0
Perspire excessively 0
Neck and/or shoulder tension 0
Frequent headaches 0
Depressed furrows on fingernails 0
Occasional cold sweats 0
Tightness or lump in throat, especially when disturbed 0
High or low blood pressure 0
Rapid pulse 0
Short temper 0
Puffy face 0

Muscular/Skeletal System

Skeletal

Pain, swelling, stiffness in joints 0
Joint inflammation (rheumatoid arthritis) 0
Pain stiffness, inflammation of spine 0
Facial pain 0
Joints make popping sounds 1
Gout 0
Ankylosis spondylitis 0
Bones fracture easily 0
Gradual loss of height 0
Tooth loss: teeth falling out 0
Lack of exercise 0
Rounding of shoulders; stooping 0
F: Menopause 0
Pain in forearm or biceps 0
Cramps in calf muscle during sleep or exercise 0
Painful cramping of feet or toes 0
Teeth prone to decay, toothaches 0
Malformation of bones 0
Insomnia 0
Muscles weak, weak grip, light objects feel heavy 0
Heart palpitations 0
Diet high in animal foods (meat, dairy, eggs) 2

Muscular

Muscle pain 0
Muscle weakness 0
Sprains: muscle strains 0
Muscle spasm 0

Neuromuscular

Muscles wasting in some part of the body 0
Numbness or loss of sensation 0
Mood swings and/or depressions 1
Blurred or double vision 0
Tingling and or numbness, especially in extremities 0
Muscular stiffness 0
Difficulty breathing 0
M: impotence 0
Tremors 0
Loss of peripheral vision 0
Slurred speech 0
Objects fall from hands, reach in wrong place 0
Hands tremble 0
Impaired speech 0